



Success Story

Family: Mother and Daughter

Situation:

Elderly mother in assisted living facility

Application:

Used Magnolia Prime for medication reminder

Benefits:

Gave daughter peace of mind, reassurance, and reduced stress



Description:

Betty is the primary caregiver for her mother, Alice, who is a resident in an assisted living facility (ALF) in a Silicon Valley, CA, community. Alice moved to the area in 2008 to be closer to her daughter. Betty, married and an empty-nester, lives nearby, so visiting her mother is easy to do and she's happy to do it. She stops by several times a week in between other responsibilities including consulting and graduate school. Her only sibling, a brother living out-of-state, provides other types of support, and day-to-day responsibility falls on Betty.

Challenges:

Alice is a regular participant in the building's activities, but has faced increasing challenges taking medicines as prescribed. Alice takes medications at four times each day (10:00 AM, 1:00 PM, 6:00 PM and 10:00 PM). Recently, her ability to comply with this schedule has been inconsistent. As a gerontologist who works with the elderly, Betty knows that she will eventually have to find a long-term alternative to deal with this issue.

Solution:

For a couple of months, Betty would remind her mother by calling her phone, scheduling reminders on her mother's iPad, or stopping by as her schedule would allow. On most days, Alice would remember the 10:00 AM pills; however, the remaining times were frequently missed. Both mother and daughter were open to tools and techniques that would help Alice maintain her independence, so Betty tried a medication reminder alarm and found that the results were again inconsistent. Formal medication delivery by the assisted living facility has been considered, but ruled out for Alice because she is not ready to give up her independence. In addition, the cost and concern about depleting Alice's savings were an issue to Betty.

Betty learned about Magnolia Prime through colleagues in the gerontology field. It seemed very straightforward and appropriate for a family member (like herself) to use to remind a parent (like her mother) to take her medicine.

Testimonials:

**"I just like to hear your voice."
(As told to her daughter on a day Betty was there when the phone rang.)**

– Alice B., Mother

"Magnolia Prime is very helpful to me, as it supports me in my efforts to keep Mom independent as long as possible. I found that I could spend the time with Mom in more positive ways than always worrying, as I walked in the door, whether she took her meds on time. It's simple to use for her and easy to set up. Who would have known that hearing my voice was what she looked forward to?"

– Betty D., Daughter and Gerontologist



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